CSTS Sea Bag Inventory
(required unless otherwise noted)

Going to sea is similar to backpacking; small, compact, and waterproof or quick-dry is best. Space onboard is limited. The Navy Sailing short-sleeve blue polo (2 recommended), khaki shorts, belt, folding serrated knife, sailing gloves and headlamp are available for purchase using Mid-Charge at the Mid Store.

Ground School/Local Area Sailing	Qty	✔
Pen and Notebook	1	
Nav Kit	1	
Uniform Whites	1	
Laptop	1	
Water bottle	1	

Required Uniform and Equipment	Qty	✔
Navy Sailing blue polo (2 recommended)	1	
Khaki shorts (min 5” inseam; no cargo pockets)	1	
Brown leather boat shoes or navy blue or white tennis shoes	1	
Brown leather or Navy Sailing burgee belt	1	
Sailing gloves	1	
Folding serrated knife	1	
Headlamp with red lens	1	
Sleeping bag or quilt, sheet and pillow	1	
Swim suit, USNA issued	1	
PE gear and blue rim	1	
Water bottle	1	
Sunscreen	1	
Sunglasses (polarized recommended)	1	

Recommended Gear	Qty	✔
SPF lip balm	1	
Wrist watch	1	
Sunglasses (polarized are best on the water)	1	
Retention device for hat and sunglasses	1	
Fleece jacket or pullover for layering	1	
Long underwear for layering at night	1	
Watch cap (wool or fleece)	1	
Navy blue, white or off white ball cap; wide brim hat for sun protection	1	
Small hand towel or chamois/microfiber towel	1	
Long sleeved shirt to protect arms and neck from sun. Consider 1 or 2 shirts of SPF fabric.	1	
Dry bag or 3-gallon Ziplock bags to keep your clothes/gear dry while stowed	1	
Two changes of blue over khaki for port entries	1	
Toiletries kit (soap, shampoo, toothpaste, toothbrush, deodorant, floss, etc.)	1	
Towel	1	
Civilian clothing for port visit liberty	2	
Book/notebook/camera for off watch	1	
Cell phone and 12V/USB charger for off watch	1	

*Foul weather gear jacket, pants and boots will be issued by CSTS. Motion sickness medication is also issued by CSTS.